

CHILDHOOD STRESS & ANXIETY BUILDING RESILIENCE

EMPOWERING STRATEGIES

EFFECTIVE SUPPORTS



VIRTUAL ZOOM Presentation and Discussion By:

Julie-Anne Richards, M.A., R.C.C., C.C.C.

Registered Clinical Counselor, Psycho-educational Consultant

www.JulieAnneRichards.com

6:30-8:00 pm

Tuesday

December 5, 2023

**PLEASE REGISTER USING
EVENTBRITE LINK BELOW**

ZOOM PRESENTATION

Tailored for Parents,
Caregivers and Educators
supporting children
ages 10 - 14

Free Event!

REGISTRATION REQUIRED (click or copy and paste in browser)

<https://www.eventbrite.ca/e/free-zoom-presentation-on-childhood-anxiety-by-julie-anne-richards-tickets-748825054897>

ZOOM PASSCODE WILL BE EMAILED TO ALL THOSE REGISTERED DECEMBER 5

This Presentation is structured for an Adult Audience

Sponsored by ARBUTUS GLOBAL MIDDLE SCHOOL and Arbutus PAC,

inviting all parents, caregivers and educators

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