



# MENTAL HEALTH AND WELLNESS SNAPSHOT

SUPPORTING OUR STUDENTS BY SUPPORTING THOSE WHO CARE FOR THEM

June 2022 Snapshot

Middle School

## [Creating a Better World With Inclusion](#)

If we think of humanity as a large family, then to be inclusive means that everyone has a place at the table. No one is excluded, marginalized, or left out. Everyone has something to offer.

Often inclusiveness is described as something we should do to benefit others. However when we are inclusive our world becomes larger and we gain relationships and experiences that enrich us.

