FRIDAY, APRIL 22, 2022

TEAM AVALANCHE

The Arbutus Global Week at a Glance...



THIS WEEK'S REFLECTIONS

It was another great week full of connection.

On Wednesday, Ms Weckend and I hosted Team Assemblies with students all day. We explored the concept of Resilience, and the strategies that can help with it. We discussed the fact that it's a practice and can be learned, not just something you are. We brainstormed some of the positive thinking strategies that can help with it, including positive self talk such as, "You're amazing!", and "You can do it!", "Just keep swimming!" and "I can do hard things!" We also stressed that a key part of resilience is having a support network of friends, family, and trusted adults such as





our staff to lean on when needed. This support can also look like providing healthy challenge to ensure students can "practice" doing hard things in a safe, supportive space. Ms Weckend found some great, short videos to help generate ideas and discussion, including this lovely short film from Pixar called "Piper" <u>https://</u> <u>www.youtube.com/watch?v=qAIRXIckfMA</u> It's adorable – I recommend you watch it!

On Wednesday night, we hosted the first in-person event for parents inside the school in two and a half years! Our Student Led Open House was a major success. It was heartwarming and exhilarating to see parents, guardians and families in the school again, and to watch excited students proudly show them around. It was wonderful to meet many of you for the first time. We are looking forward to this being the first of many opportunities to reconnect with families in person.

As the weather gets warmer, I trust you will be able to get out to enjoy our beautiful lands and oceans, especially in our own neighbourhood. Have a wonderful weekend. – Carrie Schlappner -Principal

	YOUR WEEK AT A GLANCE	
Monday, April 25		
Tuesday, April 26		
Wednesday, April 27		
Thursday, April 28		
Friday, April 29		



Thank you for considering active transportation options to and from Arbutus Global for your child/children.

> Class Placement Requests for 2022-2023 Please see the attached information regarding making class placement requests for next year.

Sports and Class Photo Day

And Grade 8 Group Photo





To report your students absence, <u>call our main</u> <u>phone line (250-477-1878</u>) and select option 1 for attendance.

If you get a call that your student is absent, please call the main phone line and select option 2 to talk to the Office. Please continue to email your attendance to attendance62@sd61.bc.ca and also cc the teacher.

