

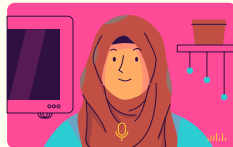


## What is Go Girls?

Go Girls is a fun, safe, and **FREE** group mentoring program for female-identifying youth from 11-14 years of age. Go Girls promotes building life skills, developing a sense of self, learning about self-care and healthy living, and increasing social connections! Mentors and mentees meet to play games, do crafts, explore new hobbies, have meaningful discussions & **MORE!**

## When is Go Girls?

Go Girls groups meet either online or in-person (select schools) for 1 hour and 15 minutes weekly over the course of 10 weeks.



Go Girls is **ONGOING** throughout the school year!  
Program runs in the Fall, Winter, and Spring



Join with a friend!  
Free supplies included!  
Crafts, games & **MORE!**

## For more information,

email Kait at  
[kait.logue@bigbrothersbigsisters.ca](mailto:kait.logue@bigbrothersbigsisters.ca)

or go to  
<https://victoria.bigbrothersbigsisters.ca/gogirls/>

This program is run through  
Big Brothers Big Sisters of Victoria and Area  
and is monitored by trained staff.



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