

The Arbutus Global Week at a Glance...



THIS WEEK'S REFLECTIONS

I can't believe it's October already! One month in!

I hope families had a good day yesterday and took time to listen, reflect and act on the National Day for Truth and Reconciliation. I took part in the Centennial Square event, as well as the Esquimalt and Songhees Canoe Ceremony in the Inner Harbour with my husband and some friends. I must admit I started the day feeling depleted. Once I was out, however, surrounded by others bonding together to support reconciliation, I felt energized by feelings of unity and hope. There is still a long way to go for Canadians to make things right, but it is also important to celebrate every step in the right direction.

I am looking forward to all events in October that will bring us closer together as a community: The Terry Fox Run on Wednesday. Parent Teacher Interviews October 19-20th (more to come next week on those), our Monthly assembly on October 27th, and Orange and Black Day on October 29th.

As the weather is getting wetter and colder, just a reminder that we are Westcoast Kids and need appropriate outdoor clothes to wear in the rain, as we rarely have indoor recesses, and we do a lot of outside activities. We appreciate it!

Have a great weekend with your families.—Carrie Schlapper, Principal

MATH CHALLENGERS

Math Challengers is a voluntary enrichment, coaching and competition program that promotes mathematics achievement with stimulating and thought-provoking questions. It's an opportunity to bring students in Grade 7 & 8 together to promote a lively exchange of mathematical ideas through competition. Practice sessions are on Fridays from 2 to 3:30 pm, led by student coaches in Grades 10 - 12 from Mount Doug., supervised by Ms Walt. In January, in-school competitions are held to determine which students will be selected for five-member school teams at the regional tournament held in February. More information about the program, as well practice questions and other resources, can be found on the Math Challenger website at <http://www.mathchallengers.ca/>



SWIM CLUB ORGANIZER / PARENT SPONSOR NEEDED

Pacific Coast Swimming is looking for a Parent Sponsor for the School Swimming FAST Program. F.A.S.T stands for "Friends Achieving Skills Together" and that is what they do. This program gives the students swimming skills, endurance in the water, teamwork, fitness and fun!



The swim season will begin the week of October 12, 2021. Practices are Thursdays from 3:15-4pm at Gordon Head Rec, and the Tentative F.A.S.T Meet Dates (Hosted at Saanich Commonwealth Place) are:

Sunday, November 21, 2021, Sunday January 16th, 2021, Sunday March 6th, 2021

• All Swim meets will be held from 9:30am-1pm.

	YOUR WEEK AT A GLANCE
Monday, Oct. 4	Mental Health Awareness Week
Tuesday, Oct. 5	International Teacher's Day
Wednesday, Oct. 6	School Wide Terry Fox Run
Thursday, Oct. 7	
Friday, Oct. 8	

FRIDAY, OCTOBER 1, 2021

TEAM AVALANCHE

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Upcoming Dates to Remember:

Oct 10	World Mental health Day
Oct 11	Thanksgiving (school not in session)
Oct 19	PAC Meeting 7pm
Oct 19 & 20	Parent-Teacher Interviews
Oct 20	Grade 6 immunizations
Oct 22	Pro-D Day—Provincial (School not in session)
October 29	Orange and Black Day (Students & Staff wear Orange & Black or Costumes)



If your child would still like to join band, choir or strings it is not too late. E-mail arbutusmusic@sd61.bc.ca if you have any questions.

ARBUTUS
MUSIC

Band Parents: Please ensure that your child has a bell cover and a musician mask for their instrument, along with any other required PPE. Please check our website for more information or ask your child as this has been discussed in class:

<https://sites.google.com/sd61learn.ca/arbutusmusic>

Music Schedule:

Junior Strings: Monday after school (2:45-3:45) in the drama room for all instruments, Wednesday lunch recess in the drama room for Violins and Thursday lunch recess in the music room for cello and viola.

Choir: Tuesday at lunch recess and Wednesday at 7:30 am in the cafeteria.

Band: Monday, Tuesday, Wednesday during the school day

Intermediate Strings: Tuesday and Thursday at 7:30 am in the drama room.

Avalanche Band (optional for Grade 7/8 students that participate in band): Tuesday and Friday at 7:30 am in the music room.

SPORTS - here are the current after school sports happening at Arbutus:

Touch Rugby

Practices: Mondays at lunch, Wednesdays after school

Games: 3:45-4:45pm

Tuesday, October 5th at Royal Oak Middle School

Ultimate

Practices: Mondays after school and Tuesdays at lunch

Games: 3:45-4:45pm

Wednesday, October 6th

Cross Country

Practices: Tuesdays and Thursdays after school

Meet days:

Race starts at 3:45pm for grade 6, 3:5- for grade 7, and 3:55 for grade 8

Basketball—Sign up next week!

Basketball season is starting! **If you have time to coach between now and December, one or two days a week, please contact Megan Peddie at mpeddie@sd61.bc.ca**

. In past years we have had up to 7 basketball teams and we unfortunately do not have enough staff to coach all of them. If we do not have enough coaches, we cannot run all our teams, so please reach out or talk to someone you know who may be able to help. **Thank you!**

The season starts Tuesday, October 12th and runs to approximately November 30th.





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Grade 6 Immunizations

Families of Grade 6 students—individualized immunization letters went home with students today. Please check backpacks for these forms. Sign them and return them next week by Wednesday, October 6th. The public health nurse will be in to pick them up.



These are for the regular grade 6 booster shots. There will be no covid shots with this regular clinic.



Masks are Required!

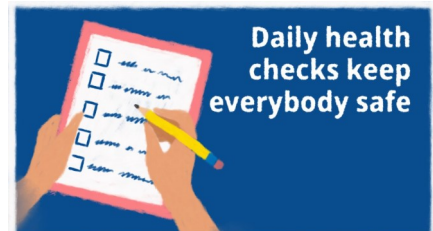


All visitors, K-12 staff, and students in Grades 4-12 are required to wear a mask indoors at school. Students in Grades K-3 are also encouraged to wear a mask indoors in schools.

One Learning Community



As mentioned above, **ALL STUDENTS** must wear a mask at **ALL TIMES** at school. **We have already given out over 100 masks in 3 weeks.** Your assistance in making sure your children **have at least TWO EXTRA MASKS in their backpacks** at all times would be much appreciated. The trend seems to be that rushing out the door in the morning results in forgotten masks... so we would like to suggest a **check at nighttime before going to bed.**



Attendance - Please remember to inform the **attendance email or phone line** if your child will be late or absent. You can email to attendance62@sd61.bc.ca (please also cc the teacher) or phone and leave a message at **250-360-0725.**

Please do not call the office in the morning for attendance