

YOUTH & CHILDHOOD STRESS & ANXIETY: BUILDING RESILIENCE

EMPOWERING STRATEGIES

EFFECTIVE SUPPORTS



Presentation and Discussion By:

Julie-Anne Richards, M.A., R.C.C., C.C.C.

Registered Clinical Counselor, Psycho-educational Consultant

www.JulieAnneRichards.com

6:00-8:00 pm

Wednesday

November 6, 2019

**ARBUTUS GLOBAL
MIDDLE SCHOOL**

2306 Edgelow St, Victoria

Tailored for Parents,
Guardians and Educators
supporting children & youth
ages 12 - 15 experiencing
stress & anxiety

**PRESENTATION
INCLUDING Q & A**

Free Event!

Refreshments available on donation.

REGISTRATION REQUIRED (Click to Register)

<https://www.eventbrite.com/e/parent-presentation-on-youth-childhood-anxiety-tickets-74377016659>

Event Hosted by: Arbutus Global Middle School and inviting All Parents
and Educators of Youth in the Area – **All Adults Welcome**

Funded by the Eric Palmer Memorial Foundation www.ericfoundation.com