

The AGMS Week at a Glance...



Dear Parents/Guardians:

Pro D Day: A reminder to our families that **Monday, September 23rd is a Pro-D day. Students do not attend that day.**

Morning Snacks/School Store: Please note that the school store will not be operating any longer as we try to do our part this year to cut down on plastic packaging, and encourage students to bring healthier snacks from home for their early morning snack at Nutrition Break.

Hot Meal Program: **Ordering** for hot lunches will start **next week**. Parents will be able to pay online through School Cash. The first session will run from **Wednesday, October 9th** to Friday, February 7th . There will be lunch options available for purchase on Mondays, Wednesdays, and Fridays.

Orders/Payments will be due Tuesday, October 1st by 3:30pm (*there will be no exceptions to this deadline*). If you do not have access to pay online, paper copies of the order form will be available in the office.

Outstanding Student Forms: We are still missing forms for some students. Please sign and complete the forms and return to our school office ASAP.

Orange Shirt Day: Monday, September 30th is Orange Shirt Day - a day we wear orange to recognize past injustices to aboriginal people in Residential Schools and also a time to celebrate the importance of aboriginal culture in our community and country. Students and staff are encouraged to wear orange to mark this occasion.

Rainy Weather: Just a reminder as we approach the rainy season that students should always be bringing a jacket to school for our outdoor breaks. We typically try and get students outside even if it is raining to enjoy some exercise and fresh air. Rain Days (staying inside) are only called if it is a heavy downpour.

Welcome back Leila! Finally, we are really pleased to be welcoming Arbutus student **Leila Bui** back part-time starting next week. Leila was seriously injured in an accident on the way to school in December 2017 and we are so happy to see her rejoining her friends at Arbutus!

Enjoy a restful weekend,
Rob Parker, Principal

School Sports: Remember to check the LIMSSA (Lower Island Middle School Sports Association) website for current information on Middle School Sports. <https://lowerislandschoolsports.ca/middle-schools/> It's an excellent resource!

	YOUR WEEK AT A GLANCE
Monday, Sept. 23rd	Pro D Day - No School
Tuesday, Sept. 24th	
Wednesday, Sept. 25th	Magic The Gathering Club - Mrs. Walt's Room 2 pm Whole School Monthly Assembly
Thursday, Sept. 26th	
Friday, Sept. 27th	12 pm - Dance and Drama Club - Drama Room

Attendance - Please remember to inform the office if your child will be late or absent. You can email to attendance62@sd61.bc.ca or phone and leave a message on our call back line at **250-360-0725**.

SEPTEMBER 20, 2019

TEAM AVALANCHE

The AGMS Week at a Glance...



Calling all swimmers to join the **Arbutus FAST school Swim league!!**

Practice schedule: Every Thursday 3:15pm to 4:00pm from 17th of October 2019 to February 27, 2019

Location: Gordon Head Rec Swimming Pool

Registration Cost: \$90, optional swim cap purchase \$7 payment **School Cash Online**

Registration: **MUST register with Pacific Coast Swimming** <https://pcs.poolq.net/program-info/f-a-s-t-school-league>

Questions: contact Yen Pham at yenmoser@gmail.com (note I am a parent volunteer that helps run this club for our school).

Ultimate and Cross Country teams have started and students should listen to the announcements for practice times for more info, or parents can contact

mpeddie@sd61.bc.ca

Middle School Tennis League

This league is run by Recreation Oak Bay and has students of any skill level represent Arbutus on 3 game days: Oct 4, Nov 8, Dec 6 from 5-6:30. There is no cost but players should register. Register through Oak Bay: ph. 250.595- 7946 Course code: 56708 Players register individually, noting the school they attend. Location is the tennis bubble at Oak Bay Rec. Wear your Arbutus wear.

Coaching Sports

Parents, are you interested in helping out coaching with some of our teams. Please click on the link to fill out the form and our Athletic Leaders will contact you. <https://forms.gle/PBmZqXBvFJndisa8A>

At this time, we are specifically looking for Basketball Coaches— both boys and girls but we have enough boys signed up for 6 teams and currently 2 coaches. Without coaches, the other teams won't run.

PAC Barbeque and Meet the Teacher Night

A BIG shout out to everyone that came out to support Arbutus Global Middle school PAC at the welcome back BBQ!

Thank you to all the volunteers, families, Mr. Parker, Mr. Maxwell and office staff that made this event such a huge success! It was so great to be able to listen to all your ideas, to be able to meet you and to hear your input on this years budget spending.

Our next meeting is Oct 8th at 7:00 in the library. We will have a police liaison guest speaker talking about internet and digital safety. Hope to see you there!



Left: Ultimate Frisbee practices began this week.

Right: Parent volunteers brave the rainstorm to barbeque the hamburgers!



Walk & Wheel to School Week



Oct.



7-11

Our school has registered to take part in this community event to promote sustainable and healthy living.

Some suggestions to try that week are:

Parents

- “Drive to Five” - drop your child off so they have a short but healthy 5 minute walk to school instead of driving right to our parking lot.
- Ride your bike with your child to school, then carry on to work.

Students

“Two-Wheel it!” - try and see how many friends will join in and ride their bikes with you that week

Hike and play - Invent a game to play (e.g., Who Can Spot the Most...) while you walk with friends to school.