

# WHAT'S GOING ON

## YOUTH HAPPENINGS IN SAANICH



**Workshops + Volunteering Opportunities** 

SAANICH YOUTH CREW





## Wednesday Workshop Meeting (6-7:30 pm)

@ Gordon Head Rec Centre FREE Ages 13yrs+

**Jan 16**: <u>Volunteerism</u>. Learn what it means to be a volunteer and the opportunities for youth today. Meeting includes exploring and brainstorming events. Course #17104

**Feb 20**: <u>Job Exploration</u>. Learn the ins and outs of looking for a job. Lets dive into a reflection of strengths, personal interests and job search implementation. Course #21230

Apr 17: <u>Creating Connections</u>. We will shares tips and tricks about working with people with different abilities, and children in a camp setting. Course #21231

May 15: What I Wish I Knew. College & University students share their insights on how to make the most of your time at post secondary. Meeting explores the opportunities and options for further educational experiences. Course #21232

## YOUTH WORKSHOPS

Winter / Spring 2019

#### **Youth Employment Readiness—Free**

Thurs. Feb 28 6:30-8:30pm #17395

Let us help you prepare for the wild world of employment as a young person today. Review resume writing, interview skills, + get tips and tricks you need to be one step ahead of the rest!

#### How to Get a Job at the Pool- Free

Tues. Feb 5 7:30-8:30pm #19027

Find out all the benefits of working at a pool. You will learn everything you need to know about the steps to become a certified lifeguard and swim instructor.

### Life Skills Cooking - \$10

Thursdays, Feb 28, Mar 14 & Jun 13 6:00-8:00pm #18941, 18942, 18943

Gain hands-on experience cooking with fresh local ingredients while creating mealtime favorites

#### Low Cost First Aid—\$65

Fri. February 15 9:00am-5:30pm #20639

Get your Emergency First Aid and CPR C award that is often required to work with children and youth. CPR, AED use, and basic wound care.

\*All workshops held at Gordon Head Rec. 4100 Lambrick Way



Register online at www.saanich.ca or call reception #250.475.7100

## YOUTH VOLUNTEER OPPORTUNITIES IN SAANICH:



- Family Arts Festival (16+). Special Event Tuesday, February 12, shift is between 3-5hrs. @ Cedar Hill Art Centre
  - Preschool Assistant: Exploring our World or ECO Nature Preschool (16+). @ Gordon Head Rec Centre

Do You Like Helping People and the Planet?

- Shadow Swim Instructor or Life Guard (16+) @ Saanich Commonwealth Place.
- Pulling Together (16+). Hands-on, inclusive, ecological restoration program. Commitment: drop in when it suits you.

Contact: Gaileen.flaman@saanich.ca or call #250-475-5502.

