

# THUNDERBIRD

YMCA-YWCA  
Greater Victoria

## OUTDOOR EDUCATION

### Recommended Gear List - Overnight Groups

The following list is a guide for what to pack for your child's upcoming experience at YMCA-YWCA Camp Thunderbird. Please use your good judgment and pack what they will need, but try to keep baggage to a minimum.

#### WHAT TO WEAR TO CAMP:

**CLOTHING** - Be sure to check the weather before dressing for camp. Temperatures at Camp Thunderbird can be 5 degrees cooler than Victoria. Have your child wear clothes they can be active in. Jeans are not good on rainy days - once wet they can really slow down a child's ability to participate in the activities

**STURDY SHOES** - Lace up sneakers or light hikers are the best. New hiking boots just for camp are not necessary.

**SUN HAT AND SUNSCREEN**

#### WHAT TO PACK FOR CAMP:

**SLEEPING BAG** - This should be a 3 - season bag.

Rated to 5°C. Extra blankets work in a pinch

**PILLOW** - optional

**COMPLETE CHANGES OF CLOTHES** (dependant upon

the length of stay) - underwear, socks, shorts,

pants, t-shirts, sweater, warm jacket, and pyjamas

**TOQUE** - For chilly evenings

**TOILETRIES** - Tooth brush, toothpaste, soap, sunscreen

**DAY PACK** - This is to carry the rain gear, water

bottle, towel, bathing suit, sunscreen etc.

**RAIN GEAR** - An affordable poncho works great! A hood helps a great deal.

**BATHING SUIT AND TOWEL**

**WATER BOTTLE** - one-litre pop bottles are great and more affordable than purchasing an expensive water bottle for the visit.

**FLASH LIGHT**

**EXTRA SHOES OR RUBBER BOOTS**

**SLIPPERS OR SANDALS** - For inside the dining hall

**OPTIONAL** - camera, insect repellent

**SCHOOL ITEMS** - Exercise books, pens and pencils, if the teachers wish

#### Label everything with the student's name and school!

Lost and found will be held at the Camp for 30 days after which it will be given to those in need. Please call or email Lyndze with a description of the item(s), and your name and phone number and she will let you know if your item(s) is located.

#### PLEASE DO NOT BRING:

**Knives, money, valuables, radios, MP3 players, cell phones (no signal reception at camp), perfumes or scents, FOOD, personal video games or other electronics.**