# The AGMS Week at a Glance...



Dear Families,

**Curriculum Completion Day**—is Friday, June 9th. Your child will be bringing home a form by next Tuesday, indicating if they are expected to stay that afternoon to complete work. Please note that there is no lunch

program on that day.

VCPAC Fine Arts Champion Award - Congratulations to Mrs. Hill and Mr. Mazza who were awarded the *Fine Arts Champion* Award on Tuesday night by the Victoria Confederation of Parent Advisory Councils. Both teachers have worked tirelessly to grow the Arbutus Music Program into an extremely high quality program that is known throughout the District. One of the hallmarks of their program is the high participation rate by so many of our students. Mrs. Hill and Mr. Mazza were nominated by our Arbutus PAC and Mr. Mazza accepted the award on behalf of Mrs. Hill and himself this week (right). In typical fashion, Mrs. Hill was busy that evening performing in a concert band to raise funds for music students in Victoria! We are very proud.





Thanks to Mr. Golder and his class for organizing the game show "Arbutus Feud" at Wednesday's APEX spirit assembly. Teams of Grade 6, 7 and 8s played against each other based on class surveys done earlier this month. We all agreed that Mr. Golder did an excellent impersonation of Family Feud host Steve Harvey, and that he should keep the moustache. :) Thanks also to Ms. Meredith and Mme. Havelaar for poking fun with the video they made called "If Staff Acted Like Students". All in all it was a very fun assembly!

Have a great weekend! Rob Parker, Principal

|                   | YOUR WEEK AT A GLANCE  |
|-------------------|--|
| Monday, June 5    | 12:06 pm Dance Club - Gym<br>3:45 pm After-school Monday Yoga Class  |
| Tuesday, June 6   | 12:06 pm TRACK & FIELD PRACTICES: Long /Triple Jump, High Jump Practices 3—5 pm TRACK & FIELD PRACTICES: Discuss & Shot Put Practices 3:30 pm Cycling: Ferried Three Ride at Bear Mountain |
| Wednesday, June 7 | Middle School Track & Field Championships at UVic Stadium (all day)  |
| Thursday, June 8  | 12:06 pm Art/Cartoon Club Staff appreciation luncheon by the PAC   |
| Friday, June 9    | CC (Curriculum Completion) Day—early dismissal at 11:35 am for some students (parent letter coming home)   |

**JUNE 2, 2017** 

TEAM AVALANCHE

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### **Upcoming Dates to Remember!**

June 13: Gr 7 Young Entrepreneur Show in Gym all day, PAC Meeting at 7 pm in Library

June 14-15: Gr 8 Music Overnight Trip to Vancouver

June 26: Gr 8 Recognition Ceremony 10:30 am & Celebration (more details to follow)

### **Employment Opportunity**

Are you interested in making some money during summer break? If so, you are in luck because Division 20 has two paper routes they need covered during the summer months. The information is as follows:

Edgelow & Sandell Route - 54 papers @ \$0.10 per paper (Wednesday & Friday)

Total amount earned from June 30th - September 1st = \$102.60

Bonus from MSIP = \$37.40

Total Amount Earned from June 30th - September 1st = \$140.00

Dawnview Route - 74 papers @ \$0.10 per paper (Wednesday & Friday)

Total amount earned from June  $30^h$  – September 1st = **140.60** 

Bonus from MSIP = **\$29.40** 

Total Amount Earned from June 30th-September 1st= \$170.00

### Total amount earned for both routes = \$310.00

As mentioned above, the job would commence on Friday, June  $30^{th}$  and end after delivery completion on Friday, September  $1^{st}$ .

The routes are both in the Gordon Head area near Arbutus School. If you are interested in both or one of the routes, please feel free to contact Rosalyne Huyter at (250) 477-7731 or at <a href="mailto:rhuyter@sd61.bc.ca">rhuyter@sd61.bc.ca</a> Preference will be given to candidates who are interested in resuming responsibility for both routes.

Newspapers need to be delivered to your house during the summer months. We have carts to transport newspapers we can lend if needed.

### **Shared Professional Inquiry**

We had two teams of staff apply for enhancing learning grants from the District this year. One studied the impact of aboriginal drumming on aboriginal students' sense of belonging. They also built a set of 30 traditional aboriginal drums for Arbutus. Another team examined the effect of using visual media to study social justice issues. The project culminated with a Social Justice Art Show at the Cedar Hill Rec Centre last week. The use of collaborative inquiry is an effective and common approach to further professional learning and student achievement in schools in our district.



### Student Book Return

We would like to give you a heads-up that the items that your child has borrowed from the library, text-books and library books, will be due back by **June 19th (library)** and **June 23 (textbooks)**.

You may be receiving email updates regarding the status of borrowed items. Towards the end of June we will also be sending out invoices for the missing items. Our preference is that the items be returned so that students in the upcoming year have a tool to use.

If your child feels the items have been returned, please have your child, or you are also welcome, to come and check the various spaces to locate the missing items.

As always, you are welcome to call us at 250–477-1878 or email at dpopovic@sd61.bc.ca.



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### Make Physical Activity Part Of The Day, Every Day

Helpin recomr island health by of moderate to vigorous physical activity for children and youth and 2.5 hours a week of moderate to vigorous activity for adults.

**Enjoy Being Active**: Active parents usually have active children. Encourage your child to be more active by setting a good example. Include aerobic and strength activities for overall health.

**Develop Awareness**: Help your child become aware of how much or how little activity they do. Have your child record the number of minutes they are active as compared to the number of minutes they sit each day. Over a few days a pattern will emerge.

**Set Goals**: Work with your child to set realistic goals to increase their activity. Setting goals helps children check their own progress. In the beginning, set goals small and very easy to do. If children are successful at meeting their goals, it will encourage them to do more. Success is addictive!

**Give Feedback and Praise**: Have your child track his progress. Once a goal has been reached, set a new one. Support and encourage your child to be active every day.

**Get Active as a Family**: Find a fun activity that the whole family can do together. Children enjoy spending time with their parents. Spend active time with children; go for a walk, play tag or do chores together.

**As a Family**: Limit recreational screen time, the time spent in front of a TV or computer monitor, to a maximum of 2 hours a day (outside of work or homework). Limit sedentary time, time spent sitting and indoors each day.

For more information contact:

- Your local Public Health Unit
- HealthLinkBC at 8-1-1 and ask to speak to a Registered Dietitian or visit www.healthlinkbc.ca/healthyeating/
- www.dietitians.ca
- www.healthyfamiliesbc.ca/
- Physical Activity Guidelines www.csep.ca



**Around Arbutus:** Hands-on math in a Grade 8 class this week to boost conceptual understanding.



Arbutus girls' rugby players attended a Rugby Clinic with the Fijian Women's Rugby team last month.

Attendance Line - Please email <u>attendance62@sd61.bc.ca</u> or phone 250-360-0725 and leave a message with your child's name, homeroom teacher and date/time of absence. Thank you.