

## March AGMS PAC News

- Our next PAC meeting is March 14 at 7pm in the library. Our website info is now up to date, all minutes and PAC news can be viewed through the PAC link at the AGMS website.
- Thank you to all those who attended our education evening on anxiety. For all those that could not attend you can watch the webinar at <http://mediasite.phsa.ca/Mediasite/Play/2f304c92f272464d8bdf6f616b1e78ac1d?catalog=eff099bd-d6c5-46c4-84c8-39e6b24498c9>
- Our PAC executive is in need of a new president and vice-president. Please consider taking on one of these valuable roles. I have been in the role as president for 2 years and am very grateful for the opportunity. Arbutus has a wonderful family and it has been a great way to keep in touch with the school. I would be happy to discuss the role [agms.pac@gmail.com](mailto:agms.pac@gmail.com)
- Do you have a teacher/administrator that you would like to celebrate? VCPAC is holding their award nominations in April. Award information can be found at <http://www.vcpac.ca/vcpac-awards> or let us know and we can work on a nomination together. Letters of commendation for Mr. Mazza and Ms. Hill can be sent to [agms.pac@gmail.com](mailto:agms.pac@gmail.com). We plan to put their names forward.
- Family Smart's "In the Know" is a wonderful family resource for mental wellness. There are multiple webinars on topics from healthy relationships, gaming, conflict management, ADHD and more. <http://www.familysmart.ca/programs/in-the-know/>